

M2068  
Monday, October 25, 1971  
New York City

[REDACTED]  
Must Remain in  
Transcription Room

Group II

MR. NYLAND: Well, this is the fourth meeting and it is ~~the~~ the last one in this, let's call it, ~~series~~. It is still a Monday meeting. For that reason the nucleus is here because they will continue and they will take further responsibility. It was just a little bit of a thought I had at the time that it might be ~~useful~~ useful and ~~again~~ again many people did come and you must really consider it that it is not for me that you come. If you come for Work you can come because there will be people to tell you about Work to the best of their knowledge and the best of their intention, and there is no question about their seriousness. Sometimes I don't think that curiosity ~~people~~ people are serious. They are too flippant, too superficial. It does not penetrate very much. It's just very ~~nice~~ nice every once in a while to hear about Gurdjieff but you make it too complicated by placing it in the background of your ~~self~~ self with all your different interest?

Gurdjieff was a very simple man. He remained simple all throughout his life. He was respected, and when he died many hundreds of people came to pay respect to him. Work also is very simple. There's no fanfare, <sup>about it, (pas pas?)</sup> no ~~special~~ special designs. It's not necessary to dress up for it. You can Work in your ordinary clothes; you don't have to put on a dinner jacket. You don't have to appear on the podium and make a speech. You don't have to distinguish yourself from other people. You don't have to ask for respect because if you Work you will have respect because something of your personality will be subject to an influence, which influence ~~of course~~ <sup>of course</sup> we call one's inner life and the possibility of the development of that inner life for the sake of one's ~~self~~ self, for one's own equilibrium. Those who have come now for the last couple of weeks <sup>have</sup> realized I hope that we talked about something quite serious and that you may as well forget about

your own superficiality when you ~~wish~~ want to have any dealings with Gurdjieff or the ideas. <sup>should</sup> The ideas ~~will~~ touch you in a certain place which sometimes you don't even want to admit, but you have to understand ~~that~~ <sup>the--</sup> for yourself unless you let these ideas come in in the right ~~way~~ place they will not have any ~~effect~~ effect on you. The next rain will wash them away. When one talks about inner life, we talk about <sup>(inner)</sup> ~~inner~~ Life — not <sup>the</sup> outside superficiality of ordinary manifestations. We talk about motivation for the real ~~wish~~ wish to find out what we are as human beings; and the simpler we can try to find that out the more useful it will be to you. ~~It~~ is such a pity sometimes that when one talks about Gurdjieff and other people who do read and think about it and then try to use big words and think that it is necessary to know the exact pronunciation of Heptaparashrinokh and words of that kind ~~that~~ <sup>-t</sup> that is not in the ideas of Gurdjieff. Why did he use every once in a while such words? To take them out of an ordinary surrounding <sup>of what</sup> ~~which~~ you already know and with which you are too familiar <sup>because of</sup> and which creates in you a certain prejudice, <sup>then</sup> associations; you already think you know, and/or of course you're no further interested in it. We talk about something that must engage you <sup>within</sup> in yourself, in your ~~conscience~~ conscience. ~~And~~ the whole question of ideas, and when we talk about it, is really answered by the wish to want to make a ~~conscience~~ <sup>in</sup> ~~not~~ even so much of a consciousness, although the totality of what ~~one~~ could reach on this Earth for a man who <sup>can</sup> ~~could~~ develop is called <sup>a</sup> Self-conscious state, but it means a consciousness of his Self and that time <sup>the real Self</sup> which includes a man totally; ~~that~~ <sup>it</sup> includes his mind, but ~~changed~~ <sup>changed</sup>; and it includes his solar plexus also ~~changed~~ <sup>changed</sup>; and it includes his body, but also changed. ~~We~~ We talk about the possibility of growth, about someone who wants to find out ~~if~~ <sup>can</sup> he can grow and wants to. And you don't find that out on the surface of your life. ~~Every~~ Every seven years all the different cells slough off and you get new ones, but your inner

Life is ~~still~~ there and is not sloughed off, only it is a little  
 bit <sup>it is</sup> unused and a little small, and many times it stays <sup>even</sup> in its infancy  
 because there is no proper surrounding in which it dares to grow up.  
 We talk about such things and naturally when one talks about one's  
 Inner Life you have to talk about that what ~~really~~ compels you to  
 become a ~~Man~~ on this Earth, not knowing even why you happen to be  
 here but quite definitely in the acceptance of your <sup>3</sup>Self that you are  
 alive on this Earth, that ~~xxx~~ must go together with a definite meaning  
 for yourself and a question <sup>that</sup> ~~which~~ you ask yourself, <sup>✓</sup>Why in God's name  
 am I born? <sup>✓</sup>And why should I continue with my life? <sup>✓</sup>And if I start  
 to believe that there is a <sup>possibility of the</sup> utilization of that what I am  
 then I will try to find out what can I do in order to make it ~~x~~ more,  
 let's call it <sup>✓</sup>perfect. <sup>✓</sup>At least I want to have an understanding  
 about myself and I cannot be satisfied with ordinary superficialities  
 and nonsense that is being written about. ~~When~~ one wants to <sup>become very</sup> simple  
~~xxx~~ you throw all the different nonsensical statements out of the  
 window because you come to yourself and you yourself should be <sup>remain</sup>  
 and be very simple within your inner Life. The manifestations and  
 the different <sup>they</sup> thoughts in your mind of course start to affect you  
 in a certain way and you are part and parcel of that, and sometimes  
 it is necessary to look at them as thoughts and the kind of thoughts  
 you allow and the kind of feelings you <sup>have</sup> ~~allow~~ negative and positive  
 and whatever it maybe <sup>even</sup> and even your ordinary forms of behavior <sup>sometimes</sup> ~~are~~  
 not at all what <sup>might</sup> you yourself wish them to be, and you have no control,  
<sup>and</sup> ~~xxx~~ you don't know what to do about it. <sup>B</sup> But that's exactly why we  
 talk about Work. ~~Work~~ has a meaning. It must give you an aim in  
 your life otherwise it's no use trying to pay a little lip-service  
 to a few words and to <sup>throw</sup> ~~know~~ some words like ~~self~~-consciousness and  
 impartiality and simultaneity, throw them around as if you know  
 it. You don't. You must learn to admit that you don't really know

very much about yourself, not even about your ordinary life you don't know much. <sup>B</sup>Because how often do you get sick and how often then are you dependent on someone else to tell you and to give you some pills? <sup>But</sup> Now that's <sup>the your</sup> your ordinary life; that is your own ~~self~~ health statement, for yourself, ~~for~~ your body with which you have to work. <sup>and</sup> When you get woozy <sup>in</sup> your mind <sup>and</sup> your feelings have no particular direction, <sup>they</sup> they go all over the place. <sup>you</sup> You see, it is necessary first to establish that kind of a fact: <sup>what</sup> What kind of people are we in our daily existence? <sup>And</sup> And then maybe you can get along with yourself, and maybe you make adjustments as well as you can and within the ~~xxxx~~ limitations of your talents, but it does not mean as yet that you are satisfied if you keep alive. <sup>And</sup> And many people of course don't stay alive. They remain in existence and they walk around a little bit and there are many cares that they have to take care of, and many things they have to do, and things that belong to economy and the way they have to make a living, and the relationships they put up <sup>in a certain</sup> in a certain time quite <sup>not</sup> not knowing what the meaning ~~x~~ is. <sup>But</sup> But of course the body tells you that sometimes certain things are necessary and you start to justify it, and you have no idea where you are going. <sup>And</sup> And then you find out a little later you were on the wrong road and then you have obligations. <sup>And</sup> And then what will you do? And there goes your life. <sup>you</sup> You're bound and one must know that first, that you are bound. You must know how small you are. You must know how every once in a while you have an idea to tell yourself, like whistling in the dark, that you are somebody. You must hear yourself every once in a while. You hear the tone of your voice by which you make certain statements, statements of hypocrisy, because you use every once in <sup>a</sup> while certain words without having any idea ~~about~~ about the content. And although every once in a while

of course you try to fill it, you find yourself with just a lot of words in your mouth and no particular anything that occupies your heart from where such motivations for a wish to work must come from. You have not the realization of life existing in the form in which you happen to be, and not wishing even sometimes to accept that kind of a form and still that's the way you were born, and whatever the influences have been in your life and what has made you what you are at the present time and for which ~~you~~ ~~you~~ sometimes you are thankful and sometimes of course you hate it. And all of that you have to accept because you happen to be a human being on this Earth and living in this time. And there is no use philosophizing about how nice it would be if you could have lived in the time of the Renaissance, or maybe that you were born too early and you would like to come back in two thousand five hundred or whatever it may be.

§ We're here now and there is no mistake about it and you cannot just negate it, if you want to remain alive for yourself. You will grow old if you don't remain interested in ~~the~~ your inner life. The oldness sets in because <sup>you're</sup> ~~your~~ interested in certain things <sup>of</sup> ~~in~~ the outside world, and you become dependent much too much about what the outside world can give you; and using your brain for whatever it is worth you think that you may be very clever and even earn a little extra money and satisfy all little demands for yourself and for your body, and for whatever it is that you think that you're entitled to. And you may even become a little bit conceited. But what manner of man are you and what do you wish to become? And what is it that you really have as a wish to understand yourself. You see, we talk about such things when we talk about the ideas of Gurdjieff because Gurdjieff was that kind of a man who would dare to tell you what is wrong with mankind as a whole. And to what extent you now wish to

CAPS

apply that or to see it as the truth and to read it in All and  
~~Everything~~, or every once ~~in~~ in a while stand in admiration for the  
 remarkable men he describes, and that you wish then that you could  
 become that and then let it go because you say, ~~then~~, 'yes I cannot  
 be like that.' Gurdjieff ~~was~~ not that kind of a man to single out  
 remarkable man as an example indicating that that was beautiful for  
 them. He had a meaning by writing about it. He wanted ~~to~~ <sup>S</sup> to tell that  
 it was possible for <sup>a</sup> man to become remarkable. ~~And~~ <sup>that</sup> is a different  
 matter because ~~sex~~ <sup>your</sup> if, in ~~the~~ ordinary unconscious state, you have no  
 particular desire to do anything about it or very little or just  
 get sick and tired already in the beginning and ~~give it up~~ <sup>then</sup> that you  
 don't have any particular ~~stick-to-it-iveness~~ <sup>stick-to-it-iveness</sup> to find out for sure  
 what is really right and what isn't, and to mumble a little bit about  
 a whole lot of nonsense, yourself, and  
~~and~~ <sup>and</sup> to try to associate your thoughts ~~xxxxxxx~~ with the ideas of  
 Gurdjieff and then go ~~ahead~~ <sup>ahead</sup> and try to preach too much about it  
 because you really have to fill the space and you ~~don't~~ <sup>enough</sup> don't  
 know ~~too much~~ about it. Then you see you are too hypocritical about  
 that. And then the questions will come and you have to answer them  
 in accordance with your own experience. How will you get your experience?  
 I'm now talking in a very general way to the people here who don't  
 know ~~every~~ much about Gurdjieff and come out of, I call it, ~~curiosity~~ <sup>curiosity</sup>.  
 And that I hope <sup>that</sup> such curiosity will stick and not only stick ~~but~~  
 then will be changed because you want to change something about your  
 life. And maybe you can come to the realization that something is  
 necessary. First place for your self to give you a little bit more  
 equilibrium within, and a reason for your life and to have an aim in  
 that life. But also if you keep on thinking and feeling mostly and  
 become ~~xxx~~ emotionally involved in the condition of yourself, you must  
 gradually come to <sup>a</sup> ~~the~~ conclusion that you have a certain responsibility  
 for your life. Otherwise what would be the use ~~of~~ just being here

and simply accepting the conditions of your life as they are, and die in time, and of course then, as we say, become fodder for the Moon. Or to help maintain the rest of the universe of our solar system, or simply admit that one has been on this Earth for a little while in order to find out, and your eyes remain closed and maybe you have to repeat and repeat that kind of a process again and again.

Because we have talked about the necessity of the acceptance of ~~such~~ eternity of life and you just cannot brush away the thought of something that bothers you too much because if you remain alive, I think you will have to face it. You see, you can die. And you can die to such thoughts. You may not allow them to enter into you because, you say, I'm too occupied with other things and there is too much to enjoy. And so you can spend your time and your energy and your money in any way you wish until you finally come to a realization that you are getting old, and that that ~~what~~ <sup>what</sup> is external life for yourself cracks xxx up a little bit and there is nothing else in it, not your own life any more. It's just a little bit of feeding and keeping on ~~and~~ <sup>and</sup> taking care of your body when it becomes a little decrepit and your mind, when it becomes more or less senile, then, of course you lose interest. I say if you keep on having interest in your life you will have to come to a conclusion that you must do something with it. And the conclusion that you must do it is based on the acceptance of a responsibility, and thinking and thinking and pondering and considering one way or another, and looking at it from different standpoints, you must come to a conclusion that something ought to be taking place and that you are the person who should do it and not remain dependent on circumstances.

Circumstances you're not going to change, not fundamentally. There are circumstances in this world which are not the fault of anyone in particular. It is only a realization sometimes that a great many people cannot manage anymore what has been set loose and is now a

current and the current is too strong. When <sup>we</sup> they play a little bit with Atomic energy, <sup>we</sup> they commit atomic suicide, and we don't know how to handle it and <sup>we</sup> cannot even get rid of the by-products <sup>when</sup> and we know that they are poisonous. All the time in our processes of industrial development, <sup>we</sup> we soil the Earth, <sup>and</sup> we soil the atmosphere and pollution now and all such things. <sup>I</sup> It has gone on for quite some time, we know that. But we really don't care very much <sup>x</sup> because not today, but tomorrow <sup>we</sup> we will take care of all of that and tomorrow <sup>new</sup> never comes because every day has a tomorrow and you keep on saying tomorrow so it never will be there. Because you don't want to solve it really because it would cost you too much. <sup>I</sup> It would require your unselfishness instead of your constant desire to remain the center of your own little world in which you have to have your own satisfaction. <sup>That</sup> That is why we talk about these particular traits of a person and the difficulty even in accepting them. Because even if you know <sup>them</sup> or rather <sup>that</sup> they become a little apparent to you and you want to think about it and you don't really want to think about it, <sup>and</sup> sometimes it's forced on you because you cannot get out of the way, then you will find all kinds of excuses and reasons, <sup>and</sup> that kind of rationalization process that takes place will explain away all kind of conditioning under which you have lived, in your education, and your father and mother are the best targets for it because you can simply say, "ah, well, it was because I was born from such and such parents and Mother Nature has been very cruel to me, and I have had too much to suffer and therefore", etc. etc. etc.

<sup>X</sup> You see, such things really don't count very much. Each person suffers either unconsciously or consciously, because the condition of the Earth are required for a person, who is here, to suffer. It cannot be helped because that is the requirement of the Earth: to create friction in order to maintain ~~xx~~ itself and to allow that what is called a Cosmic Ray to proceed and not get stuck on the Earth. For that reason, mankind has



that kind of a task, ~~And~~ we, unfortunately or fortunately, belong to that mankind. ~~And~~ fortunate for us, if one can see it, that it is a necessity of one's life that one suffers and is born unconsciously on this Earth, or becomes so soon unconscious that ~~even~~ everything that was beautiful in a real sense of a ~~conscientious~~ and ~~conscious~~ sense, in the reality of such possibilities in a little child, that that already quite early in life becomes simply soiled, I said last time "written on", because it cannot be helped, everybody writes on someone else. ~~And~~ I receive constantly from the outside world such impressions which I must digest because my sense organs will wilt in that way that I have to take in what reaches me through my sense organs. I cannot close my eyes for any length of time and I cannot close hearing, and I ~~must~~ continue with the five different ways by which my mind is fed on impressions which I must receive in order to remain alive even, because if I don't get impressions, I will die. I will die as surely as I will die when I stop my breathing.

You see, for a man it is a different kind of a thing than for the other forms of nature and living plants or animals, because a man can realize what is taking place. Unfortunately animals cannot come to that kind of a conclusion, but they live and they do the best also they can for their own life to protect it and protecting their young and have also some feeling. But there is no admiration for a possibility of growth for them because they don't know what will come next after their animal existence has come to an end. Maybe they are also reborn. Maybe there is a possibility that sometimes in an animal something else as life comes to the foreground and ~~because~~ <sup>then</sup> of the behaviour of simplicity of an animal, we can be reminded of what we ~~should~~ be. But we have made ourselves much too complicated, and we should unravel ourselves and come down to brass tacks, and then know for sure what is what with ourselves and what ~~can~~ we do about it,

These are the questions you must ask yourself. What can you do with your life with all the variety of different problems that are presented on this Earth, including war, including drugs, including bad education, including politics and selfishness, including desires to kill. All of that we live under and the sky many times is cloudy because the Sun cannot come through. For us the Sun in our unconscious state of course is the Sun that we always see rise above the horizon and we think that it is something that gives heat and light. What Gurdjieff means is: where is the Sun which is a real Sun, which is, as Consciousness, when alone by itself, is cold and will not give off heat and why doesn't it exist? Simply because he tries to draw a picture of a man as he is and he talks about mankind; he talks about those slugs who live on this Earth, and he has a criticism about that. But before he can actually criticize, he must know that the reality of that what he is going to say is truthful and not subject to any change in time. And because of that this kind of nonsense that every once in awhile appears in the CAPS and Everything and you look at and you say what? Is this man actually insane? or what does he mean? Only means for you that you have not as yet grown up sufficiently to understand what is meant by your inner life and you do not know as yet what potentialities are of your own consciousness. You do not know what a man could become and you simply judge already about things that you don't understand as if they are stupid. The simplicity for a man is exactly that he will accept that what he doesn't know and simply say, perhaps, not yet, but I will find out. That desire of wishing to find out is really at the basis of Work. This unflinching desire of satisfying, quenching your thirst, thirst for knowledge about yourself, because all the different ways by which knowledge is given to you are subject to failure. You are not sure that that what you see is actually there. You get used to it by saying it must exist because I can touch it, and another sense organ then helps you to satisfy your mind. But what is it actually that takes place

as an image <sup>in</sup> on the retina of your eye and then is transferred as knowledge by means of electronic vibration rates to your brain, and there again put back as a form that you so-called have seen. But we don't want to talk about that kind of philosophy, because we have to start at a certain place of existence, and of reality. And that place we choose is the place of man on Earth, leaving alone of that what is below man as it were in his own development and we can call animals and plants as below him and also stones and inanimate matter. And then arguing from that standpoint, if man is what he is on Earth, is there for him a possibility of further growth above him? That is, is he part of a totality of a Ray of Creation, one says. Is the Earth actually something that belongs to something else, above as well as below? And although we peer into the ~~sky~~ <sup>skies</sup> with telescopes and use microscopes and ultramicroscopes and all the electron microscopes in order to find out what is really an atom or even an electron, all of that becomes a certain amount of knowledge which, if one can translate it into the reality of oneself on Earth as a human being, could be of some help. But if it doesn't lead to that, all it will do is to satisfy a certain craving of your mind, and sometimes of your aesthetic feeling that you say it is wonderful and beautiful exactly the same way as the leaves of the trees at the present time can excite you with the color and you say how marvelous it is that that takes place in nature. What takes place in nature? Not only such colors. Nature is cruel, if you know nature. Nature only allows you to exist, but as soon as you have something in nature even that happens to be a little larger and stronger than you are, you have fear. And you cannot help that because that is the law. The small fish is eaten by a big fish. We sometimes do that intentionally in order to reach something that is bigger. What is it in oneself that you would want to use in order to reach something that is higher than you are? What is it that you would wish to give up?

What kind of price do you want to pay for part of your life that can be dispensed with?

These are the kind of thoughts that you should have in your mind when you want to remain a thinking, feeling man, and interested in your life as it is now and not have any mistake about it and not try to mislead yourself, and to have all kind of hallucinations about your wish, how it ought to be. But the strength that has to be there for oneself must be based on something that is absolute reality for one on Earth. And that is the existence of oneself as one is. All the rest becomes interpretation and that is why this condition, that the acceptance ~~that the~~ for oneself as one is in reality is the foundation for Work.

And the understanding first has to be understood that that kind of foundation is necessary if you want to build for something that is higher than you are, because it's either one way or the other. Your life on Earth will die. What will happen to your life? If it is something that you remain interested in and it is just your little body that is the interest and a little bit of feeling or a little bit of mind, it is quite all right as far as Mother Nature is concerned; and the Earth will swallow you up and there you will be gradually disintegrating into the Earth. And what will be left of you, with the <sup>pro-</sup> probably with the marvelous mind you may have had and the feelings which were so kind. What is it that you can do in order to continue?

Two ways exist for a man. One is ordinary procreation. He wants his life, because it has been given to him, to be continued in the form of his children. That's his hope, and sometimes also many sacrifices which are necessary in order to educate his children in such a way that they receive something more than he has received. And the love that goes with that from parents in order to provide for their children different kinds of conditions that they then would have more opportunities for

themselves. It is one way. It only stays on ~~Earth~~<sup>Earth</sup> it doesn't  
 get any further. It ~~remains~~ means simply a change of conditions  
 on the surface. It has nothing to do with the intensity of one's life.  
 It has nothing to do with the possibility of freedom from this life.  
 It has nothing to do with the possibility of finally reaching a state  
 in which one can ascend to Heaven. ~~The~~ The second way of course is  
 creation — not procreation. Creation is for <sup>a</sup> man an aim, so that  
 he for himself, through efforts, <sup>as</sup> has given to him <sup>or as his</sup> for ~~those~~ efforts  
 which are allowed to him, sets in motion certain desires. And then  
 utilizing such desire for a purpose in the first place maintaining  
 himself in as good a condition as he can remain even when he is on  
 Earth, and at the same time using that kind of motivation for the  
 production within himself of something that he creates. One can say  
 that if he wishes to create something that he constantly has in mind  
 the wish ~~to create~~ for this creation to amount to something, to go some-  
 where, and to find out what is really a mystery to him at the present  
 time, thinking that when he is able to consider the possibility of  
 such growth that he would like <sup>to try</sup> to define what is implied by that,  
 let's say, freedom, or at least ~~a~~ a step up, or that what could become ~~x~~  
 which is at the present time not now and <sup>what</sup> ~~which~~ ought to be attended  
 to, and for which he then hopes he might have energy and insight actually  
 to find out more and more about himself, and what can be done with,  
 when he knows what he is <sup>with</sup> himself to develop and evolve. <sup>RP</sup> You see  
 the need for a person in that kind of a state when he really runs  
 around not knowing exactly what to do with his life then only the  
 satisfaction of an ordinary kind — I call it ordinary because <sup>it</sup> there is  
 nothing extra<sup>ordinary</sup> about it. You might almost say, everybody is  
 human and they all live on this Earth and they all eat and drink and  
 die and <sup>they</sup> sleep a great deal of the time. But if I want to grow up,  
 I mean up <sup>that</sup> that is I want to get away from where I am now <sup>if</sup> if that  
 can be understood as an aim, then you understand perhaps a little

bit about the necessity of ~~Work~~ on your~~self~~. But if that kind of a concept is not clear to you you will skirt around the ~~ideas~~ of Gurdjieff and never reach the target. He aims to tell you in simple words what is the matter, and it is up to us to read it and <sup>to</sup> let it sink in and to read ~~a~~page and <sup>or to be in the book</sup> to take it along, and to understand the book is for you, and that <sup>that</sup> what is being said applies to you, not to your neighbor. It will apply to your neighbor, but that is not your problem.

§ Your problem is your own. ~~Your~~ problem is the development of ~~your~~ own conscience, or that what you feel you <sup>perhaps</sup> might become, and what you wish to become, I say sometimes, in order to become free <sup>from</sup> of that what binds you at the present time. ~~And~~ if it actually does bind you and it bothers you and it does not leave any peace, or it does not allow you to sleep, and that you wish to wake up and <sup>that</sup> you have bad dreams about yourself and that you feel that something then, because of such dreams, is almost intolerable, not to <sup>want to</sup> ~~try to~~ continue <sup>to try and</sup> to search and search constantly until you find. That you must have <sup>that</sup> this ~~kind of~~ attitude of wishing to find. Because that implies that when you do find <sup>that</sup> you must use it, ~~xxx~~ otherwise you <sup>are</sup> not sincere. You can say many times I wish ~~that~~ I could become conscious without understanding what it is when you are conscious, and then what you should do then because you are conscious. If you don't take one ~~xxx~~ with the other

you will never really become sincere. If I say I want knowledge of myself and I will not stop at trifles, and I will actually find out what, in reality, is me <sup>it</sup> and then I discover what is me and I come to the <sup>a</sup> conclusion it is that and nothing else, and words can fail me and arguments <sup>will</sup> ~~can~~ fail, and all kind of explanation <sup>will</sup> fail me because I come back again and again to the same conclusion: ~~this~~ is really me. I really don't want to accept it when it is something I don't like. I can stay asleep without having any bad dreams about things <sup>that</sup> I like about myself. If I am serious I cannot sleep when I find things <sup>that</sup> I really don't like, and sometimes one says that I say,

that I do, or that I feel, or that I think in <sup>a</sup> certain ways <sup>(which)</sup> that are  
 not becoming to a real man, ~~And~~ trying to define ~~the~~ real man  
 as something that is still to be wished for, or, to ~~be~~ evolve towards,  
 or that still has to develop out of that what I am, I again come  
 back to the foundation. ~~What~~ What kind of a man am I ~~now~~ and on what  
 kind of a foundation will I build the potentialities, if they can be  
 unfolded, into the actuality of my life in the future. ~~Such~~ <sup>?</sup> Such are the  
 problems ~~of~~ <sup>for</sup> a person interested in Gurdjieff. That is the deeper  
 meaning of wanting to find out really about yourself and not to hesitate  
 when you must come to conclusion that things are not quite right, and  
 that you have been looking <sup>sometimes</sup> at the wrong things and misinterpreting  
 it, and ~~Sometimes~~ <sup>a</sup> coming to ~~the~~ conclusion of an impossibility of a  
 change, and sometimes simply trying to wash it away because after all  
 you're not supposed to know everything and the road to God is too  
 long. ~~Whatever~~ <sup>may</sup> Whatever your excuses ~~might~~ be and at what particular period  
 of your life you will stop ~~working~~ I do not know. I hope ~~xxxxx~~  
 you will not stop. I hope it will constantly be like a little alarm  
 clock within you, ~~every~~ once in a while trying to wake ~~me~~ you up. It  
 is not that you have to come to meetings. It is not that you have  
 to read ~~All and Everything~~ <sup>CAPS</sup> every day, maybe you can do without  
 that for sometime. ~~But~~ But what is needed is an attitude towards yourself  
 of a wish ~~xxx~~  
 to understand yourself really as you are, whichever way you now want  
 to ~~xxxxxx~~ follow, whatever prescriptions more and more palatable, <sup>(to)</sup> ~~is~~  
 you. Sometimes a medicine is very bitter and ~~xxxxxxx~~ <sup>maybe</sup> you don't want  
 it because ~~it is xxxxx~~ too bitter for your delicate taste. <sup>Maybe</sup>  
 it because conditions in life are not always so ~~very~~ nice and you get  
 out of their way because you say I don't want to soil myself. You  
 soil yourself in going away, because you don't know what <sup>really</sup> could be  
 the ~~xxxxxxx~~ <sup>cleansing</sup> power of having to deal with conditions which are  
 very difficult and make you ~~xxx~~ suffer, <sup>sometimes</sup> but how perhaps, such things  
 could create for you the conditions of energy <sup>to be utilized for the</sup>  
 furtherance of your growth.

\$ We know so little about what is good for a man. We simply  
 say in accordance with our ordinary rules of morality and ~~xxxxxx~~  
 ethical conduct, and that what you hear, and what you interpret and  
 what you make fit for yourself, so that within your life you can be  
 a little bit at <sup>rest</sup> ~~xxxx~~ and you can live with yourself and you don't  
 have to bother <sup>too much</sup> ~~xxx~~ and you grow a little older and you become a  
 little more clever and then perhaps, ~~xx~~ together with some maturity,  
 it is crushed in the way by something that is really more important <sup>for you</sup>  
 at that time in your life because, and whatever reasons you may have.  
 Stop all that nonsense at a ~~x~~ certain time. Come to your Self in  
 reality and see what you are even if you look in <sup>the</sup> mirror. Even if  
 you can at times, when actually you want to sit down and consider  
 what you are all by yourself, No one around and no way <sup>and no necessity</sup> to play to  
 the gallery and <sup>to</sup> make a good impression, but that actually you could  
 at certain times come to terms <sup>to grips</sup> and with your conscience ~~xxxxxx~~  
~~xx xxxxxx~~ whatever there is of it, <sup>in</sup> And you sit for yourself  
 in the holy of the holiest ~~st~~ and you see what is there on the table  
 as your book, what is being opened for you and in which there are  
 certain things written to your credit and debit. Indelible ink <sup>A</sup>  
 You can not even erase it. You read it because you have to read it  
 when you are honest. Not to go out of the way of certain things that  
 are disagreeable to you but simply eat through ~~xx~~ <sup>them</sup> in order to find out  
 what is behind it. That is what you must do. But of course who will  
 tell you that you ought to? I can say it and I think it is  
 necessary to realize that, and I can talk about the necessity of  
 becoming responsible, but who am I to tell you? It's simply words <sup>(S)</sup>  
 for you, emphasizing of course what I feel that ought to be emphasized,  
 But where does it go within you and into your conscience so that  
 actually you would want to sit and be confronted by an image of  
 yourself, and to see really what you are and willing to see it,




and then to base on that your future knowledge of yourself and the acceptance of that what is then the truth for you. The ~~xxxxxx~~ change of yourself that you must really make ~~xx~~ regarding these ideas ~~xx~~ and the willingness then in accepting them, is that they could become part of you and of course should become part because you're not complete at all. ~~And~~ when you don't see it you're asleep ~~And~~ you dream a little bit. And all the time I try to tell you how necessary it is to wake up to such facts that you are not there at all, and that even if you try to talk about work, where is your humbleness? Where is your knowledge of yourself, not knowing? Where is it that you feel that ~~that~~ at certain times you really failed ~~ed~~ and that you have to do certain things about that when you are by yourself? And then come with questions that really you dare to ask because it ~~is~~ based on something that is not superficial. Why do I talk at the present time? Last time I was not satisfied very much. It seemed as if the questions we had ~~had~~ previously ~~had~~ more or less exhausted you. And then there was ~~last~~ <sup>of the</sup> week a little bit of a repetition of the same kind of thing. A certain question, yes - of a certain level, yes. And I had to accept it. And then, then what? (All right Bill)

(turn tape) (SIDE TWO)

When such questions come in a meeting, I'm disappointed of course. But such disappointment really doesn't matter because I get used to it. I know how difficult it is. I know what kind of a road is ahead for anyone who wants to learn, and particularly learning <sup>that</sup> what is so unknown. But at the same time you establish with <sup>a</sup> the question a certain level, and for me to take that and then to try to rearrange it a little bit, and to introduce at the proper time certain ~~xx~~ concepts that really were not in the question but could be understood even from such a question, it is necessary then to bring the level up until we reach a certain point of real discussion about ~~xxxx~~

Objectivity, or about Work itself, or about the necessity for  
 Impartiality. ~~And~~ then having said that and I feel it is enough,  
~~So then~~ I say another question. ~~And~~ then the other question ~~x~~ is  
 again a little similar and it is also a little too low, and again  
 I will have to bring it up. ~~And~~ of course I can do that for a little  
 while and perhaps it is right, ~~but~~ it is not really correct. ~~And~~ if  
 I ask you this time I run a risk and for me this is one of the last  
 meetings. ~~It~~ is necessary to dot the i's really and to come to  
 definite conclusions about Work, ~~and to see~~ what is really required when ~~ix~~ you  
 say I'm interested, I want to Work on myself, I have a wish for that.  
~~And then~~ please tell me what I do, ~~and then~~ it is told. And then you  
 don't do. Because you don't have the guts to do it, ~~because~~ your  
 question did not come from the right place. It just happened to be  
 a little bit of a formulation somewhere, but you were not engaged  
 in it, and you were not ~~interested~~ interested in getting an answer.  
 Because if you did you would Work, ~~and~~ you would come the next week  
 with results ~~the next week~~ of your attempts. ~~Even~~ if you didn't  
 understand quite what it is, you would ~~do~~ Work and there would  
 be a change to talk about little 'I', about something that is created,  
 to be created, is not there now, but I wish it in order to help me ~~x~~  
 to tell me the truth about myself. This ~~is what~~ you must know for yourself ~~that~~  
 when you say you are serious that you show your seriousness ~~by~~ asking  
 the kind of questions ~~that~~ belong ~~to~~ that level of seriousness.  
 Otherwise what's the sense of talking about Gurdjieff and the ideas  
 and All and Everything? ~~And~~ then of course I think about Gurdjieff  
 himself. And I think about the different people who surrounded him,  
 and the kind of nincompoops that were there and also a few intelligent--  
 and intelligentsia and those who ~~x~~ really thought they did know and  
 theorized a great deal, and sometimes misused ~~this~~ <sup>the</sup> theory entirely  
 and came to the wrong conclusions. And I know the suffering of

Gurdjieff because at a certain time in his life and coming to America he stooped all that ~~God damned~~ nonsense, and <sup>he</sup> said either you choose between such theories and such knowledge, or me. And if you wish to be with me, give up the others. ~~ER~~ This was the requirement <sup>that</sup> Gurdjieff set for himself and this was his way of telling people come to yourself and see what you really want. If you want something that is nice and lovely to think about and to dream about and to talk about and to palaver and have all kind of lovely Hasnamussian statements and all kind of nonsensical nonsense about your ordinary life, without touching even the requirements of an objectivity which is without any doubt necessary in order to reach a level which is not subjective. <sup>if</sup> we don't want to talk about that <sup>there</sup> it is no use to talk about your ordinary life. You can do anything in your <sup>ordinary</sup> life from the standpoint of objectivity; it doesn't make a damned bit of difference. You die anyhow. Subjectivity or not subjectivity, <sup>whatever it is,</sup> beautiful thoughts and kindness and all the rest that goes with ~~it~~ <sup>it</sup> this world. You die to this world. You must understand that. You leave this world when you die. <sup>And</sup> it's given to you at the present time in ~~this~~ world to find out ~~how~~ to die and with what you must go over ~~it~~ into some other kind of a state, if you're interested in evolution. But if you're not <sup>in what</sup> <sup>and</sup> <sup>talk, talk,</sup> of course <sup>then</sup> continue to palaver and do whatever you like, <sup>and</sup> talk, talk, talk from now until ~~Doom's day~~ <sup>doomsday</sup> and that will be your doom, <sup>that</sup> day.

Sometimes we talk too much; sometimes we don't talk enough, sometimes the questions are not clear; sometimes the answers are not clear. I cannot put any blame on anyone for that. There is no blame, sometimes for ignorance, <sup>there</sup> is no blame for inability, <sup>there</sup> is no blame for mechanicality, <sup>there</sup> is no blame for repetitiousness. There is only a certain sadness that every once in a while, having talked and having said many things over many years, that I still hear such a little bit of  cleptan, such stupidity, such ignorance

and ~~such~~ unwillingness even to listen. <sup>I think last time I said</sup> ~~the necessity for~~ study does require that you study, and that you take time off to really find out a little more, <sup>and</sup> that you should ~~xxxxxx~~ read All and Everything, that you should <sup>CAPB</sup> ~~x~~ try to find out <sup>what is</sup> the meaning that Gurdjieff has ~~tried to put~~ <sup>in that --</sup> into that book and that you really should study, for yourself, <sup>to find out, to become clear about: what is Work when I wish to Work,</sup>

what can I understand about this observation when it is not an observation. Perhaps that's the wrong word and the implication of that many times leads you astray. But then when I say "awareness", a word with which you have no ~~xxxxxxxxxxxx~~ particular connotations, and only the presence of someone else and you are aware of their presence; and to some extent it's right. But this awareness we qualify and simply say it is <sup>an</sup> awareness, <sup>which is, we</sup> just make <sup>the</sup> a statement of existence. <sup>Cor--</sup> ~~Third~~ that is what ~~x~~ I wish the little 'I' to begin with: to be clear about myself, and to tell about myself the truth of myself that I can find out by means of this little 'I' telling me, because my ordinary mind will not do that and it cannot and Mother Nature will even prevent it from doing it. <sup>A</sup> And there is a limit to the possible development of man on this Earth because it is <sup>his</sup> Earth that prevents him, <sup>believe in</sup> and Mother Nature doesn't allow him because she needs us to live and <sup>can</sup> to become transformers ~~xxxxxxxxxx~~ for food and the longer you live the better you are from the standpoint of Mother Nature. <sup>U</sup> Until something in a man says, "The hell with you; I wish to ~~xx~~ get out of Purgatory and go to heaven." Mother Nature understands that language because it is positive, and it means that a man sets up his own shop and says, <sup>a</sup> ~~xx~~ <sup>And</sup> regardless of the gratitude <sup>that</sup> I might have <sup>of</sup> in being born here, <sup>I have</sup> the gratitude/towards my father and mother and whatever it is that made me what I am <sup>A</sup> at the present time I come to my age and then I say to myself <sup>A</sup> ~~xx~~ regardless of Mother Nature. <sup>Thank you for whatever you have done</sup>

~~ink~~ kind  
 but I go into a different ~~xxxx~~/of ~~the~~ world, like a son leaves home -  
 and he doesn't want to be hidden or hide himself by the skirts of  
 his mother. When a person wishes to stand on his own feet, I call  
 it ~~re~~ Renaissance. It means the rebirth of your life into a different  
 form within yourself. The possibility of that kind of a creation which  
 we call Kesdjanian in a growth and perhaps leading to ~~the~~ possibility of  
~~the~~ a development of a Soul, so that man then could become complete  
 within himself and then fulfill the requirements of the creation of  
 himself within himself without the help of any other ~~facts~~ <sup>sexu</sup>. Try to  
 understand it because a man then in that case is not sexual. He is a  
 man only as man, <sup>as</sup> alive, a human being, Sex has nothing to do with it.  
 It happens to be on Earth. It is not another planet. There are no  
 conditions like we have here. There are all kinds of different variations  
 of attempts to be made and the inclusion in that is different degrees  
 of positivity and negativity, or activar and passivar. That is  
 all right. <sup>But</sup> ~~not~~ not the god <sup>damn</sup> sex ~~x~~ that we talk about all the time  
 and even consider it <sup>of</sup> loving each other. Don't be a fool. All that  
 belongs to your body and Mother Earth, and she is happy when you fall  
 asleep with that. And it's quite all right if you want to make  
 children, quite all right if you want to perpetuate your name and leave  
 money to your  
 your inheritance - as an inheritance to your children. Fine, it's a  
 rule  
 good ~~rule~~ for the Earth because it helps the Earth <sup>to</sup> continue a little  
 bit, and Mother Nature applauds it, because there will be a little  
 bit more <sup>a</sup> a few more people in the next generation, and you've done  
 your duty when you have two children to replace you and your wife  
 or whatever it <sup>may</sup> ~~might~~ be. But it is not / life as it is meant by God.  
 God had in mind the possibility of creating equilibrium as a necessity  
 of that what is alive <sup>all</sup> around and omnipresent ~~x~~, to become known and <sup>to</sup>  
 crystallized cut. Now you can say, ~~why?~~ Simply because life is  
 alive. <sup>Because</sup> the other situation of non-creation is dead. And if one says

~~shot~~  
 God is eternal and links it up with omnipresence, one must admit  
 that there ~~xxxxxxx~~ has to be an omniscience to be able to see what  
 to do with the existence of life as a whole. ~~And~~ the only way by  
 which such life could continue to ~~xxxx~~ <sup>exist</sup> and not die was to create sections  
 in this universe which became points of equilibrium. ~~That~~ <sup>would</sup> maintain  
 life and ~~undo~~ the Heropass Gurdjieff talks about, as if His Endlessness  
 was eaten up, using simply such an expression to indicate what happens  
 to man when he considers his time and he realizes his time, ~~his~~ 'unique  
 subjective' time, ~~xxx~~ eats him up ~~x~~ and causes him to die ~~his~~ body.

~~X~~ So that then in the wish to create the universe, God proclaimed that  
 life should remain life and never die. ~~And~~ ~~He~~ did that, you again can  
 say, because of ~~His~~ omnipotence and ~~He~~ did it because ~~He~~ had omniscience  
 at ~~His~~ command, utilizing now simply a few forms as if God was like a  
 human being and simply dispense <sup>a</sup> this wisdom in talking about the  
 Sun Absolute and about All-God-Father, Tri-Unity, whatever it  
 may be that is <sup>passable</sup>, I call it, <sup>(by one's ordinary mind)</sup> ~~acceptable~~ so that you can more or less conceive of what's  
 taking place. All of that ~~x~~ then <sup>by one's ordinary mind</sup> such creations <sup>was</sup> created from a  
 so-called central point which does not exist but was  
 acceptable simply to indicate and to give the realization of what actually  
 did take place in this process of <sup>in</sup> evolution. ~~And~~ so such wisdom was set  
 forth and then started ~~x~~ on its way <sup>and sent</sup> by means of emanation,  
 known to the totality of the Earth that something ~~x~~ could exist eternally.  
~~X~~ And <sup>that</sup> for that purpose it <sup>was</sup> necessary to understand ~~the~~ what is the meaning  
 of growth and what is the meaning of being bound, and ultimately realizing  
 that <sup>that</sup> ~~what~~ <sup>was</sup> created would have <sup>the</sup> a certain bondage. ~~And~~ the further away  
 from <sup>this</sup> the central point of All-Wisdom, more bondage was necessary to keep  
 it in proper place. Otherwise it would go helter-skelter and just do ~~what~~ <sup>as</sup>  
 it pleased. And it had to be reminded that there <sup>was</sup> a Law, a universal  
 Law of Cosmic Ray existing, proceeding at that time not as one ray but  
~~proceeding~~ as many, or almost infinite rays, ~~And~~ then becoming clear

about that <sup>what is</sup> ~~was~~ infinite and not bound by one point ~~let~~ temporarily  
 using simply <sup>this</sup> ~~this~~ kind of a symbolism of certain form, to be created  
 as a crystallization <sup>A</sup> and so were the Milky Ways and so were the All-Suns  
 and so were the Solar Systems <sup>and so became the planets known</sup> and so became the Earth as part of  
 the crystallization of His Endlessness, but quite <sup>P</sup> ~~far~~ removed from  
 the one point of origin and quite bound by that time. <sup>A</sup> And at the time

being at such a difficult place for the wish to continue the creation——

<sup>the act of</sup> creating by God himself, that then a certain task was laid

on humanity to become, in that kind of an octave, <sup>this time starting from</sup> ~~in~~

SI-DO going down to the original DO as a point of life

which extended into space further, which point of life for us is

Anulios as the representation for us, being able to understand ~~x~~

that from the standpoint where we are, that man <sup>this</sup> ~~is~~ at the present  
 time being bound to the Earth

in his unconsciousness is asleep, not knowing what is taking place  
 in order, because of that, to fulfill the requirements

of the maintenance of the universe at this place of FA in the octave.

As a result all men on this Earth are subject to that kind of a

law of sleep and it is only those who remember why God wishes to  
 have involvement take place <sup>that then</sup> ~~it became~~ clear

that only involvement <sup>in</sup> ~~involvement~~ <sup>in</sup> ~~in could become an actuality when~~

there would be an evolution counteracting one force and creating

another, so that then there would be balance on the Earth,

and in man. <sup>with</sup> And the development <sup>of</sup> ~~man~~ of that kind of a

balance in becoming a real man is really the purpose for a man on this

Earth to understand the creation of this Earth with mankind,

the crystallization of <sup>the</sup> ~~Earth~~ as it is with its own attempt to evolve,

and each human being with the potentiality also to understand

what is evolution in his life. If man could <sup>in-</sup> ~~evolve~~ <sup>and</sup> ~~in~~ involve-

ment the solution for his own equilibrium. And this is the purpose

for Work: to find out what it is that can give me within myself  
a balance sometimes I say 'an at-ease-ness', of being able  
to live wherever I live  
everywhere and always, and anywhere, and never mind how con-  
ditions were, but that within myself something could start to  
grow which gradually could produce such a balance in man and  
that would make him free from this world. You see, these crystallizations  
are very important to understand them, because within man, in his  
crystallization as he is <sup>as the</sup> part of Earth, the crystallization process, that  
has to be shifted, but this time with the aid of remembering Anulios  
as the vital force of evolution, recognizing that within him  
he then can produce <sup>for himself</sup> the potentiality which then, becoming known  
to him, will start to function in a certain way of gradually evolving  
from the state in which he is as a man, and then becoming more and  
more like a planetary level, which is Kerdjanian, like a Sun, which  
is a Soul <sup>on</sup> which is real Consciousness. That <sup>what</sup> prevents the  
Earth at the present time from growth is war. It is needed for the  
feeding of the Moon, and in feeding the Moon one forgets that the  
Earth ought to evolve. What prevents a man from growing up is  
his own civil war within; the fight that constantly takes place  
within even  
a man, not knowing exactly the value of such a fight, but sometimes  
quite clearly understood <sup>when it takes -</sup> when it takes on the form of an ~~and~~ ordinary  
mind and an ordinary feeling constantly at odds with each other, and  
not knowing what is right because I feel it and I don't know it,  
or because I know it and I don't feel it. This I call civil war  
within a man. And you first <sup>has</sup> to understand how can I solve  
this particular process. What is it that prevents me at such a time  
~~that~~ and I cannot see straight, and my energy <sup>into that kind of</sup> goes constantly  
feeding my unconscious existence, and very little is left for a  
real wish or a real thought  
thought wish.



That I then say <sup>at which side will I now take.</sup> Where will I go—  
<sup>will I go</sup> with my mind or/with my heart? And the answer is not either one or  
the other. The answer is something of <sup>this as</sup> a force which I place between  
the two, and which I call the neutralizing of my civil war within.  
And that kind of a force is created by means of the little 'I', almost  
I would say, all by myself but having in mind Anulios and having in  
mind God Almighty. <sup>That is why</sup> this Work for <sup>my</sup> myself is much more  
religious than <sup>you would</sup> want to admit, <sup>But</sup> I said <sup>last</sup> last week  
religion is not that kind of a word that you think it is. It is just  
a way of coming to your inner <sup>a</sup> life and/reality for yourself about  
which you don't have to be ashamed, and that you could confess  
to that first when you are alone and admitting that there is war  
in yourself, and uneasiness, and not knowing, and ignorance, and selfishness;  
and that gradually in that kind of an admittance even if you  
pronounce it in such terms, that you say my requirement <sup>is</sup>  
now ~~is~~ that I accept myself as I am, having been crystallized  
on this Earth as a result of Mother Nature or whatever it is of the  
Cosmic Ray that <sup>has</sup> made me here, live here and be here, <sup>And then in</sup>  
<sup>on the road</sup> accepting that, and myself as I am, I start <sup>to develop</sup>  
something that can take the responsibility of my own and knowing  
what it costs, I say, So help me God. <sup>When you wish to create little</sup>  
'I' it is something <sup>quite</sup> serious. It is not just a flippancy nonsense that  
<sup>a little bit.</sup> you happen to talk about. <sup>When you come to a meeting here, you have</sup>  
to be that serious about it; otherwise it will not do you any good.  
<sup>Because</sup> Otherwise you <sup>may</sup> as well waste your time by going to a movie.  
When you come here <sup>and</sup> you want to find something <sup>if you want to</sup> that  
can help you to grow and to live, that can give you understanding  
about yourself, that it is worthwhile to spend so many <sup>hours of</sup>  
seriousness, <sup>it</sup> that you set/aside for yourself that you come here  
for that kind of purpose of spending an hour or an hour and a half

in really talking sense, and to learn what it is ~~xx~~ to make more sense  
of your life. ~~And~~ <sup>find out</sup> to try to ~~learn~~ what is this kind of a road  
sometimes indicated as 'the only way'? what is it that I must follow?  
~~What~~ <sup>And</sup> is ~~xx~~ necessary first for me to know? Then slowly proceeding as if  
you are already an old man, careful and completely aware of how you  
take one step or another because you know what is involved;  
in the first place, your real understanding, your maturity; and  
in the second place your possibility of the continuation of your  
life; in the third place, the understanding of the wisdom which will  
place you on a scale in relation to all things <sup>existing</sup> in the universe, at a  
certain place of crystallizing in which you have a task to fulfill  
because, understanding the crystallization as the final word of  
that <sup>what</sup> then exists, the possibility is given that at that  
point evolution could start, and then create the equilibrium for the  
involutionary law. ~~It~~ <sup>now</sup> You see a little <sup>it maybe</sup> of what I would like to  
tell you, <sup>and</sup> or what I believe in <sup>what I think</sup> is necessary for each  
person really to know. ~~And~~ that it doesn't matter if you don't know  
yet but that later on perhaps, <sup>or that</sup> perhaps now you may be affected  
<sup>little</sup> and then <sup>you</sup> forget. <sup>that</sup> It will all come back to you in some way or other.  
There will be a time <sup>when</sup> you will have to see it and face it. You won't  
run away from such a law. They are not made by this government.  
They are made by something entirely different. They are inherent  
in the humanness of mankind of which you are a part, I say again,  
'like it or not, you are a human being.' You are not an animal, you're  
~~are~~ not a plant, you're not a crystal as yet. Because, even if certain  
things are crystallized at a certain place, there is still life  
that becomes apparent in a certain form and that gives the  
difference between the knowledge that life exists, and ~~that~~  
if it didn't it would be a dead planet or a dead body, of which  
also there are many in the universe. But as man,

breathing  
still alive and and having the possibility of taking in  
impressions, that he comes to his senses, five senses, belonging  
to <sup>his</sup> outside world <sup>and</sup> his reacting world of what is for him  
his outside world; and the wish to go deeper will create  
kind of in addition  
for him two different senses so that the total will become seven.  
Then he will understand the Law of Heptaparaparashinokha. Then he will  
know that <sup>that</sup> the Law of phenomena is phenomenal to him as something  
existing, which then makes him part of <sup>that what is the totality of</sup> the universe.

even including the Ray of Creation, which is an octave, <sup>And</sup> that  
gradually with the understanding of that what ought to develop  
the number three becomes more important than seven, so that then  
his centers being threefold, his own unity at times being threefold  
<sup>not</sup> not complete, <sup>+</sup> the wish to grow making <sup>for</sup> a man <sup>really</sup> in reality <sup>for him</sup>  
the possibility of three full grown bodies on this Earth: physical,  
emotional or Keshdjanian, and intellectual or Soul. That then, <sup>his evolution</sup>

demands of him that he crystallizes out <sup>to become one unit</sup>. That is the interesting  
evolution  
part: that <sup>at that time</sup> is overpowered by involution simply for the  
sake of making the next jump possible to another kind of a level  
in which then, knowing <sup>that</sup> what he was <sup>is</sup> can be remembered and knowing <sup>that</sup>  
what he wishes to become has become clear for him in the next <sup>step</sup>.  
Such a state <sup>for</sup> a person of <sup>you recall</sup> equilibrium of three bodies existing

is exactly the peace or <sup>side</sup> contentment <sup>for</sup> a man where he can live <sup>when</sup> at  
ease with himself. <sup>And</sup> it is in that joining, almost looking  
as if he loses his <sup>evolution</sup>, looking as if from three he becomes  
one; <sup>in this</sup> oneness all three are still present. So that at such  
a level there are two possibilities: one, to return to Earth;  
<sup>the other</sup> two, to go up, either to the planetary level or to the Sun. Man  
has a choice at such a time. He will not know what he will <sup>choose</sup>  
until he gets there. <sup>But the characteristics are</sup> ~~that~~ he becomes

double-faced. One face can turn to unconscious existence as exemplified by the components of his three bodies; the other face is turned towards the possibility of an objective world in which the totality of himself <sup>entity,</sup> has become one. ~~Then~~ at that time being able to go through the eye of a needle. ~~Such~~ things you must keep on thinking about. You will learn more, the more you <sup>will work</sup> ~~learn~~, the more the gates of Heaven will open; the more there will be a wish for life and less fear for death, the more you will <sup>be</sup> able to free yourself by the grace of God,

to maintain yourself as you should be and wishing to become. And then realizing that

in the end that what is, is everywhere and always and it is really, you say then, such nonsense to go away from where I am, <sup>staying to go to Tibet</sup> when I can find God here now, because He is omnipresent in his infinity. <sup>With</sup> that one lives.

For that if you understand Work on yourself, you wish to work for that you wish

are willing to give up little things in order to obtain the pearl of <sup>wisdom</sup> ~~great price~~, that what is <sup>for you a</sup> ~~the~~ Holy Sacrament or what even may be <sup>a</sup> ~~the~~ Holy Cross or the golden stag, that what <sup>sp.?</sup> ~~Pangifal~~ wanted, the search to become one with infinity and in the process having to become infinity himself.

I hope to see you again sometime. All I can wish for you is that you could have the wish to work and that you could keep it as a wish and making it follow <sup>by an</sup> ~~an~~ attempt to create little 'I' x for your benefit.

I hope Gurdjieff will be blessed by your efforts in time.

Good night.

Transcribed: Helen Ramsey  
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